

Prince Rupert

COMMUNITY LEAGUE

NEWSLETTER

ISSUE: JUNE 2010

Honda Indy Volunteers

The PRCL is currently recruiting volunteers from within our own community to volunteer a few hours of their time selling 50/50 tickets at the Honda Indy Edmonton. For your time & effort you will receive free admission to the race.

All funds generated will be used with the Prince Rupert Community!

Volunteer shifts are still available for all three days of the race, **July 23-25, 2010** (Friday, Saturday and Sunday). All 50/50 volunteers will receive a **free lunch**, an **Indy shirt** and a **three-day race pass**.

So come get involved with your community, meet some of your neighbours and enjoy some world class racing at the same time.

For more information please contact
Rick Gray
Prince Rupert Community League
(780) 451-1447
rickgray@shaw.ca

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President's Message



Another great executive year is finished and I would like to take this opportunity to thank everyone that attended the Annual General Meeting (AGM) and dinner on April 28, 2010. The AGM provided a great opportunity for everyone to come together and express their comments and questions about the new community hall project. I would also like to thank all the volunteers that made this year such a success.

The Prince Rupert Community League (PRCL) had a very busy year and saw an increase in involvement and awareness in the community. The PRCL executive was active and maintained the website (www.princerupertcommunity.ca), distributed quarterly newsletters, updated the look of the hall exterior, maintained the hall and the rink and even created an events survey (which I encourage you to give your feedback online). The executive formed a sub-committee for the new hall building and made huge progress with the concept designs with the architect from ONPA. The executive planned small and large events throughout the year to increase involvement and awareness of the PRCL. These events were the Spring Fair, Rexall Edmonton Indy 50/50, Big Bin Event/Membership Drive, Volunteer Appreciation, Winter Festival/Christmas lights and decoration contest, Casino nights and the Wine and Cheese Night.

The community league held programs and activities that were available for children such as the green shack and winter shack programs, and the creative crafts day. Adults enjoyed Active Prince Rupert walking group and Marigold Senior's Bocce Club open community games. The community league was able to provide the Boyle Street Education Centre students continue use of our rink for their physical education class during the weekdays. As well the RCMP to use the rink for physical activity. We also made a great connection with the Rites of Passage School and the junior high children shovelled walks for residents that required assistance on a weekly basis for their community involvement class.

Your Prince Rupert Community League executive will continue to work at increasing community involvement and awareness by holding various programs, activities and events throughout the coming year. As a PRCL membership holder, you will receive advanced notice on up-coming programs and activities, as well as meetings and other membership benefits. The newsletter, website, membership email and community league signs will also highlight community news and event information, so be sure to watch for updates. If you're interested in getting involved within our community or just want to share your thoughts, concerns or comments, please feel free to contact the executive listed on the website at www.princerupertcommunity.ca or leave a message at the PRCL hall at 780-455-3327.

We have a great executive team and I am very confident, with the creative ideas and experience, that we will have another excellent year. I welcome everyone to participate in our programs, activities, events as well as our monthly general meetings and hopefully you become as proud as we all are to be in the Prince Rupert Community League.

Laura Thygesen
PRCL President

president@princerupertcommunity.ca

PRCL Event List

Green Shack and Youth Program - July 5 - August 27
Honda Edmonton Indy - July 23 - 25
Community League Day - Family Fall - Sept 18
General meeting dates - June 9, Sept 8, Oct 13

Front Yards In Bloom



We're looking for lovely local landscapes
in your neighbourhood!

Send your nominations to front.yards@edmonton.ca
Or visit www.edmonton.ca/eib or www.edmontonhort.com

Nomination deadline is July 8th, 2010



Yards in Bloom

It's the time of year for garden enthusiasts to have their moment in the spotlight. **Nominations are open for Front Yards in Bloom.**

"A Front Yards in Bloom nomination recognizes a beautiful yard and garden in our city," says Rodney Al, Communities in Bloom Coordinator for the City of Edmonton. "Nominating a neighbor's yard is a great way to say thank you and congratulations—and it's so easy anyone can do it. In 2009, there were over 1000 nominations—the most ever!"

All Edmontonians are encouraged to nominate neighbors who have been busy pruning, picking and planting in their yards, making our neighborhoods and our city beautiful. Nominations will be accepted until July 8, 2010.

Yards are nominated for their green thumb excellence in three categories:

- Front Yards in Bloom,
- Natural Yard, and
- Edible Front Yard.

Helmet Safety

Bicycle crashes are the leading cause of brain injury in school-aged children. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist or pedestrian. Remember – it is the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, or cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash.
- When worn properly, helmets should fit level, not tilted up or down over the forehead.
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side to side while the straps are unfastened.
- Adjust the chin straps to form a "Y" below and slightly forward from the ears.
- Only one finger should be able to fit under the chin strap when it is fastened.
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit and comfort.



LAURIE HAWN
MP for EDMONTON CENTRE

HawnL1@parl.gc.ca | 780-442-1888 | www.lauriehawn.ca

Big Bin Update



Saturday May 29th was the latest installment of Prince Rupert's big bin event. With rain falling most of the day, it turned out to be a greater success than we could have imagined. With community and City of Edmonton volunteers, and corporate sponsors, this event was again a great success.

Some highlights:

- One bin filled with organics to be composted at the Cleanit Greenit facility.
- One utility trailer loaded with scrap metal for recycling by Four Seasons Landscaping.
- One trailer and truck filled with old appliances by Handyman Disposal (488-junk)
- Four bins filled with garbage
- We also claimed old of bikes that will be fixed up and given to others in need.
- Sid's Bobcat Services loaned us a truck for the day so we could collect from a record number of households.

This event is just one more way we are raising money, membership, and awareness of our community league. We are always looking at maintaining and improving our neighbourhood for all of us to enjoy, appreciate and be proud of.

Leisure Access Program



The Leisure Access Program allows eligible low income Edmontonians to access participating City of Edmonton recreation facilities.

What does it offer?

- Unlimited free admission to facilities owned and operated by the City of Edmonton
- Participation in City of Edmonton recreation programs at a lower cost.
- 3 Registered programs per year for adults and seniors at 25% of the regular cost.
- 4 Registered programs per year for children and youth at 25% of the regular cost.
- 25% of the cost of materials for registered programs where applicable.

Do I qualify?

You automatically qualify if you have a Health Benefits card issued by the Government of Alberta. If you don't have a Health Benefits card issued by the Government of Alberta, then you need to complete an application form for a Leisure Access Card.

For more information visit www.edmonton.ca/lap




Bellavia
Edmonton's newest dance company features a repertoire of dance styles including folk, jazz, hip hop, and modern.

Summer Camps July 2010


Experience a new culture every day!
We offer fun, cultural summer camps for children ages 4-7, 7-12 and 13-17 that include dance, songs, and crafts. Each two week camp culminates in a mini performance of the material learned.

**780-454-3739 - dancebellavia.ca
camp@dancebellavia.ca**

Mary MacDonald
Federal Liberal Candidate
for Edmonton Centre



E-mail: ElectMaryMacDonald@gmail.com



Community Challenge Edmonton



The Edmonton Community Challenge is a volunteer-driven event that aims to promote community spirit through friendly competition. PRCL has registered a team to join other teams that represent community leagues throughout the city. Individuals can support local charities, get to know others in their community, and win some great prizes! The event challenges will take place throughout the month of June, and teams will be rewarded based on a pre-determined point system for their energy, creativity, and commitment to sustainability.

This is a family friendly month long event, so even the kids can register and our community will get points for them helping out and participating.

June 5 - Kick Off Pancake Breakfast

June 5 - Neighbourhood Clean Up

June 12 - A 24-Hour Bike Repair-a-Thon

June 26 - "Can It" Challenge

Each event is designed to have a charitable component as part of the challenge - see if your team receives the \$15,000 community fund! Check out the website to learn about the locations of the events and how points are awarded. <http://ecc.edmontonnextgen.ca/the-challenge/>

Crime Prevention: Bicycle Theft



Every year, thousands of bikes are stolen in Edmonton. Only a small number of recovered bikes are returned to their owners, **so always report stolen bikes and know how to identify your bike.**

Tips to prevent bike theft:

- Use a lock to lock your bike. Some special locks have a quick release.
- Lock the bike to something stationary, where you and others can see it.
- If you keep your bike in a shed or a garage, make sure you lock this storage as well.
- Take any bike parts or accessories with you (e.g. your seat).

How to report stolen or lost bikes

- Call 911 to report when you see the theft taking place or evidence is left behind (e.g. fingerprints, video tape, tools used to steal the bike).
- Call (780) 423-4567 to make a police report when you did not see the bike stolen or there is no evidence left behind.

Call Property Exhibit Unit (780) 421-3333 to request a search of bikes that have been found. They are open 8:00-4:00 p.m., Monday to Saturday.

Tips to help get your bike returned:

Write down the make, model and the serial number of your bike. Keep this information in a safe place. Photos may also help.





Doug Elniski, MLA Edmonton-Calder

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Edmonton-Calder benefits from Safe Communities Innovation Fund

On May 11, 2010 the Government of Alberta made its first announcement regarding funding for the Safe Communities Innovation Fund (SCIF) at the Africa Centre in Edmonton-Calder.

The three Edmonton projects that received funding through SCIF are:

- **Immigrant and Refugee Mentoring Programs (Edmonton):** \$400,000 over three years to Big Brothers Big Sisters of Edmonton and Area to use mentoring as a way to reduce high risk behaviors such as drug trafficking and gang activity.
- **Keeping Edmonton Somali Youth out of Street Gangs and Drugs:** \$202,000 over three years to the Somali Canadian Cultural Society of Edmonton to reduce and prevent crime in the Somali community.
- **Reducing Crime by Enhancing Resilience and Capacity among Immigrant Families and Youth:** \$1.3 million over three years to the Edmonton Mennonite Centre for Newcomers to provide wrap-around programming that includes addressing the barriers to community integration faced by new Canadians.

It was a pleasure to have this funding announcement take place in Edmonton-Calder as it impacts many of my constituents directly.

"It's ALL in Calder"

Ed. Capitals



The Edmonton Capitals would like to make games available to Community League members across the city this season.

Tickets for the games will be priced at a group rate of **just \$10 per seat** with no minimum purchase required – tickets must be purchased in advance directly from John Sutherland.

780-409-2474 or
jsutherland@edmontonoilers.com

Movies on the Square



This summer, bring your friends and family out to Churchill Square for Movies on the Square. Come early to grab a seat and some snacks, and enjoy pre-movie entertainment including a fabulous balloon artist, dancing, prizes and much more! Then stick around for the blockbuster hit that will be playing on a 3-storey high inflatable screen. **Admission is FREE!**

Cloudy with a Chance of Meatballs - June 4 8:30pm 9:45pm

Diary of a Wimpy Kid - June 5 8:30pm 9:45pm

Shrek—Final Chapter - Aug. 20 7:30pm 9:00pm

For More Information call 780-944-7740 or go to www.edmonton.ca

Hall Building Committee Update



The hall building committee was very busy this first part of the year and worked hard with architect Dave Mazurick, from ONPA, to create concept drawings for the PRCL AGM on April 28. The presentation at the AGM created some great discussion, comments and questions, which has prompted us to create a question and answer section on the PRCL website that will be available shortly along with the plans for the new hall. As the concept drawings were approved at the AGM, the PRCL executive can submit them along with our 5 year budget and business plan to the City of Edmonton for their approval of the project. If you wish to see the plans, **you can view them online at www.princenupertcommunity.ca** or you can view the larger versions at the monthly meetings.

The hall building committee also submitted an application to the Alberta Lottery Fund's Community Facility Enhancement Program (CFEP) grant and we are anxiously waiting to hear if we're approved. If we are able to access this grant, we will be able to start building the new hall this year in the fall.

Since CFEP will not be responding until June 30, 2010, the committee will be looking for other additional sources of funding, such as connecting with local businesses and **asking for their support. Monetary and in-kind donations** will be both graciously accepted and we welcome any contact suggestions. Please contact the hall building committee at secretary@princenupertcommunity.ca, if you or someone you know would like to contribute to the hall building project.

Thank you,

PRCL Hall Building Committee



The 2010 Edmonton Election takes place October 18, 2010 and election workers are needed! Recruitment has started for a variety of positions. For more information on working the election, please visit www.edmonton.ca/election

The Marigold Senior Bocce Club

Date: May 1, 2010 to September 30, 2010

Time: 1:00pm to 3:00pm

Location: PRCL Rink

The Marigold Senior Bocce Club will be playing from 1pm to 3pm twice a week at the PRCL Hockey Rink. For more information, or to register, please contact Jim Normey at 780-469-6989 jnormey@telus.net

Creative Age Festival

Launched in 2008, the Creative Age Festival is a celebration of creative aging. It encourages seniors to become more involved in arts programs and celebrates the contributions that senior artists have made in the arts field.

Arts and aging are increasingly being linked with social engagement and community building. A Festival centered on these themes promotes healthy aging and attracts more seniors into creative fields.

The Purpose of the Creative Age Festival is:

- To recognize the vital contribution and benefit of the arts in relation to lifelong learning, creative expression, mental and physical health and overall well-being;
- To recognize and celebrate artistic accomplishments of seniors;
- To encourage increased opportunities for, and arts-based participation by seniors; and
- To promote and encourage quality arts-based programming and engagement in later life.

The 2010 Creative Age Festival will be held June 8 to 16 and for more information go to www.creativeagefestival.ca.

Community Information

780.455.3327
PRCL Community Hall
11245 - 113 Street
Edmonton, Alberta

PrinceRupertCommunity.ca

Mailing Address:
Box 87, 11905 - 111 Ave
Edmonton, AB T5G 0E4

Important Numbers

City of Edmonton Information Services
311
Citizen Action Centre
780.496.8200
Community Recreation Coordinators
780.496.1901
Edmonton Transit
780.496.1611
Edmonton Police Service (non-emergency)
780.423.4567
Graffiti Management Program
780.442.5302