



# Prince Rupert

## COMMUNITY LEAGUE

### NEWSLETTER

ISSUE: August 2010

## Way We Green

Are we going to run short of water in Edmonton? Should we be concerned about air quality? Are we too dependent on oil? Is urban sprawl a problem? These are the questions being grappled with in Edmonton's environmental strategic planning process, **The Way We Green**.

The City needs Edmontonians to identify the main environmental challenges facing our community and the changes needed to make the City sustainable. Provide direction on Edmonton's plan through the survey at: The Way We Green: [www.thewaywegreen.ca](http://www.thewaywegreen.ca). Help create Edmonton's new long-term environmental strategic plan and guide decisions and policies for our entire community well into the future.

For more information please contact:  
Mary-Ann Thurber, Communications Officer  
City of Edmonton Office of Environment  
780-442-1698

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[princerupertcommunity.ca](http://princerupertcommunity.ca)

## Community Information

780.455.3327  
PRCL Community Hall  
11245 - 113 Street  
Edmonton, Alberta

[PrincerupertCommunity.ca](http://PrincerupertCommunity.ca)

Mailing Address:  
Box 87, 11905 - 111 Ave  
Edmonton, AB T5G 0E4

## Important Numbers

City of Edmonton Information Services  
311  
Citizen Action Centre  
780.496.8200  
Community Recreation Coordinators  
780.496.1901  
Edmonton Transit  
780.496.1611  
Edmonton Police Service (non-emergency)  
780.423.4567  
Graffiti Management Program  
780.442.5302

To submit articles for this newsletter contact  
Curtis at:  
[communications@princerupertcommunity.ca](mailto:communications@princerupertcommunity.ca)  
or call 780.455.3327

## Sherbrooke Snags a Huge \$15000 Prize

Sherbrooke wins \$15 000 and Edmonton Community Challenge! The Edmonton Community Challenge wrapped up on July 1st with our closing ceremonies in Churchill Square. Mayor Mandel was on hand to present two cheques. The first cheque went to the Sherbrooke Community league that placed first in the Edmonton Community Challenge. Close behind, the Forrest Terrace Heights Community League received a cool \$2000 for their league. Prince Rupert placed third, with only a 214 points difference from the lead.

Thank you again to everyone that joined the Spectacular PRCL team during the Community Challenge. Our little community can be proud that we gave the larger teams something to compete against. Photographs of the Spectacular PRCL team challenges, including the photo scavenger hunt, are available to view at:

<http://www.flickr.com/photos/communitychallenge/>

## Edmonton Community League Wellness Program

By becoming a member of your Community League, you have demonstrated your commitment to your community. To honour your commitment and support your families' health and well being, the Edmonton Federation of Community Leagues has teamed up with the City of Edmonton to create an exciting new program. The Community League Wellness Program provides current Community League members with admission incentives to enjoy the City's world-class sports and recreation facilities.

All current members of an Edmonton Community League with a valid membership card are eligible to participate in the Community League Wellness Programs. Present your valid Edmonton Community League membership card at any one of the City of Edmonton's sports and fitness facilities and choose from the following Community League Wellness Products: Annual Pass – Community League Members receive a 20% discount on Adult, Family, Child and Youth/Senior Annual Passes. Multi Admission Pass – Community League members receive a 15% discount on our already discounted multi admission pass (10+ visits). Community League members who purchase one of the above passes will be issued a photo access card, which is to be swiped at each admission.

Applies to new purchases only.

## Community League Memberships

New Community League Memberships for 2010-2011 year will be available after September 1, 2010. For more information or to request a membership, please contact us through our web site at [www.princerupertcommunity.ca](http://www.princerupertcommunity.ca), e-mail [membership@princerupertcommunity.ca](mailto:membership@princerupertcommunity.ca) or leave a message at the PRCL Hall by calling 780-455-3327.

Here are 11 great reasons to join our Community League:

- A Great Place to Meet Your Neighbours
- Social activities & events shared with your community at large
- Programs and recreation opportunities
- Community skate & swim times - check for outdoor rinks near you
- Discounts at City Recreation Centers and Tourist Attractions read more
- Safety programs and Crime watch cooperation
- Build new facilities for public use
- Input for planning your parks, green spaces, and urban development
- Discount tickets to major league sports games - Oilers, Oil Kings, Capitals
- Discounts at Telus World of Science
- Hall Rentals

Memberships will be available for purchase at the next meeting and at our September 18 event. To purchase PRCL memberships online, go to [www.efcl.org](http://www.efcl.org) and click on League Locator.

### PRCL Important Dates

September 8 – Community League Monthly Meeting at 7pm at the PRCL Hall  
September 18 - Community League Day  
September 25 - Family Friendly Housing (The EFCL is hosting a workshop to review ways to make multi-unit housing attractive to families. The workshop is set for 9:00 a.m., Saturday, Sept. 25 at Queen Alexandra Community League Hall, 10425 University Avenue)  
Oct. 13 – Community League Monthly Meeting at 7pm at the PRCL Hall  
October 18 - EFCL Regular General Meeting

## City Council Considers Doubling Community League Funding

City council's Community Services has recommended that the city create a \$1.5 million/year capital construction/renovation fund for community leagues. The committee suggested that this proposal, along with a \$700,000 increase in community league operating grants, be included in the 2011 budget package that council will debate this fall. If approved, these two increases would more than double the current level of funding provided to community leagues.

The committee's recommendation, which will go to city council next Wednesday, was in response to a request put forward by the Edmonton Federation of Community Leagues (EFCL). The EFCL had originally asked for a capital and operating grant increases of twice these amounts – however, the mayor and four councilors on the committee chose to spread the EFCL's request over two years.

The committee also discussed the idea of a new rental service to help book league halls during down times. In keeping with feedback the EFCL received from its members at Inglewood Community last week, the discussion focused on long-term rentals/partnerships as opposed to one-off engagements.

A joint EFCL/City of Edmonton Task Force, currently reviewing the tripartite license agreement, will continue to flesh out details of the new capital construction program, including project selection criteria.

It will also refine the manner in which the hall rental service would work. The committee hopes to have a complete proposal ready for consideration by the leagues at the EFCL's fall general meeting, which is set for Oct. 25.

## PRCL Active with Front Yards in Bloom

Prince Rupert Community League (PRCL) has definitely seen a rise in people taking pride and the extra effort in making our neighbourhood a better of a place to be. There was an outstanding 47 yellow Front Yards in Bloom signs delivered in PRCL this summer. These yards are nominated by Canada Post, your neighbours and community league members and anyone else that appreciated the beautiful front yard; whether it was a newly developed yard, a work in progress or a mature yard, we thank you for making our neighbourhood beautiful. Congratulations again to everyone that received a nomination and a special thank you to the volunteers that delivered the signs. Be sure to join us on September 18 when PRCL announces the top two yards at the PRCL Community League Day



The 2010 Edmonton Election takes place October 18, 2010 and election workers are needed! Recruitment has started for a variety of positions. For more information on working the election, please visit [www.edmonton.ca/election](http://www.edmonton.ca/election)

### Hockey School

Castledowns is running a Hockey School on August 16th through August 21st. Registration is \$175.00/person (6 through 14 years of age). More information can be obtained at [www.castledowns.ca](http://www.castledowns.ca) or e-mail: [hockey@castledowns.ca](mailto:hockey@castledowns.ca)

## Green Shack and Youth Programs

The Green Shack is a free summer program that takes place right in the community and gives children the opportunity to work on activities, make new friends and have some summer fun.

Date: July 5, 2010 to August 20, 2010

Times: Monday to Thursday, 10:00am to 5:30pm, Friday 1:30pm to 5:30pm

Location: PRCL Hall

The Youth Program new to PRCL, is a free summer program that gives teenagers the opportunity to participate in summer activities, with a sports van arriving on a weekly basis. Basketball and street hockey are some of the sports scheduled for August.

Date: July 5, 2010 to August 20, 2010

Times: Monday to Thursday, 12:30pm to 8:00pm, Friday 3:30pm to 8:00pm

Location: PRCL Hall

For additional information on either of these two programs, please the Prince Rupert Social Director at 780-455-3327 or e-mail: [socialdirector@princerupertcommunity.ca](mailto:socialdirector@princerupertcommunity.ca)

North Edge Business Community Presents  
**Outdoor Nite Market**  
You're Invited

FRIDAY, AUGUST 27<sup>th</sup>  
5:00 P.M. TO 9:00 P.M.  
107 AVENUE WEST OF 101 STREET

THIS IS A COMMUNITY FAMILY EVENT  
"YOU'RE INVITED TO JOIN IN THE FUN"

Experience Local Merchants and Residents Coming Together!

**Highlights**

- Free Family Hay Rides
- Live Entertainment
- Merchants Products And Services
- Resident "Garage Sale" Items
- Clown With Free Balloons
- OUTDOOR ART GALLERY (107 AVENUE & 105 STREET)

A mixture of commercial and residential products with an atmosphere of a Bazaar

North Edge Business Community: West of 101 Street to 119 Street on 107 Avenue and south to 105 Avenue (includes ALL residents of Central McDougall and Queen Mary Park)

Sponsored by:

THE NORTH EDGE BUSINESS ASSOCIATION, the city of edmonton, Central McDougall, Queen Mary Park



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\* Guaranteed by the Credit Union Deposit Guarantee Corporation.

## TELUS World of Science

TELUS World of Science - Edmonton would like to offer all card-carrying community league members 10% DISCOUNTS.

## Animal Control Services

If you have lost your pet, you can call Animal Control Services. If you found a pet, you can bring it down to 12515 - 128 Street.

Facility Hours:  
Monday-Friday: 9:30am-6pm  
Saturday: 9:30am-5pm  
Closed Sunday and on Holidays

To reclaim your lost pet, please arrive no later than 5:30pm (4:30pm on Saturday) to allow enough time to process your pet's release before closing.

The Animal Control Services phone Number is 780-442-5311

## Kid Friendly Snacks

Kids love being silly and you love getting them to eat snacks that are good for them. Why not tell them you're going to make a snack that comes from the ground (and looks like it) or an edible magic wand? Better yet, let them join you in the kitchen to help make the following treats using natural, whole grain popcorn and protein packed peanut butter. Popcorn contains energy-producing carbohydrates and provides needed fiber to the diet, but kids love it because it tastes great. Poppy Chow offers a new twist on a classic kid favorite. We use popcorn instead of traditional cereal for that perfect blend of flavors and textures. It is an easy snack to make and great for after school, movie nights, or any time you want to make a delicious treat that will have your hungry bunch digging in for more.

Poppy Chow Kids Snack Recipe

- Makes: 2 quarts, 16 servings (1/2 cup each)
- Preparation time: 10 minutes
- 2 quarts popped popcorn 1/4 cup (1/2 stick) butter or margarine 1/2 cup creamy peanut butter 1 cup milk or semi-sweet chocolate chips 1 cup confectioners' sugar
- Place popcorn in a large bowl; set aside.
- In a microwave safe bowl, combine butter, peanut butter and chocolate chips. Microwave 2 minutes; stir until smooth.
- Pour the chocolate mixture over the popcorn and stir until well coated. Sprinkle confectioners' sugar over popcorn and stir until coated. Cool to room temperature before serving. Store in airtight container, refrigerated, up to 24 hours.

## Alberta Farmers' Market

Pick up fresh veggies, meat and baked goods while enjoying the ambiance of a community marketplace.

When: Every Thursday from 2-7pm  
Where: 93 Street and 118 Ave.



## Back to school safety

Alberta Health Services EMS would like to remind parents and students of some basic road safety tips as streets become busier with the return of the school year. Pedestrians and motorists each have an important role to play - road safety is a shared responsibility.

### Motorists

- Avoid talking on cell phones, texting, or any other behavior that diverts your attention away from driving.
- Give right of way to pedestrians who have activated overhead crossing lights or who are waiting to cross from a street corner.
- Remember it is illegal to pass vehicles, other than those that are parked, in school zones or playground zones during posted hours.

### Around school buses

- Flashing amber lights mean a bus is slowing down to stop. Motorists should do likewise.
- No matter which direction you are coming from, STOP when approaching a school bus with activated flashing red lights - unless the bus is on the opposite side of a divided highway from you.
- Driver courtesy goes a long way. By simply being alert and cautious when approaching a school bus, you are contributing to school bus safety.

### Pedestrians

- Cross only at marked crosswalks or street corners that have clear visibility from all directions.
- Make eye contact with all drivers before crossing the street.
- When activating overhead crossing lights, pause before stepping off the curb to ensure motorists in both directions have come to a complete stop.
- Stay within the crosswalk lines until fully clear of the road way.
- Obey pedestrian lights at intersections. Cross the street only when you see the "walk" sign and only when all cars have come to a complete stop.
- If you are with young children or pets, hold your child's hand firmly and keep a solid grip on leashes when crossing.
- Remember: children learn by observing you. By teaching them safe crossing habits as early as possible you can reduce the chance your child may be involved in a preventable auto/pedestrian collision.

## Community League Day

Saturday September 18th 1 pm to 5:30 pm

Prince Rupert Community Hall



Join us for  
Family activities and games  
Bocce Demonstration  
Tug of War  
Corn Roast  
Hot Dogs  
Root Beer Floats

## New Hall Fundraising Ideas

We are getting closer and closer to having enough funds to begin building the new Community League Hall. We are looking for your input on how we can raise additional funds. If you have ideas or may have fundraised before for an event and have had great success, we want to hear from you.

We are open to suggestions so, please e-mail your ideas to Laura, at [president@princerupertcommunity.ca](mailto:president@princerupertcommunity.ca) or come to our Monthly Meeting on September 18 at 7pm at the Prince Rupert Community Hall.



## Leisure Access Program

The Leisure Access Program allows eligible low income Edmontonians to access participating City of Edmonton recreation facilities.

What does it offer?

- Unlimited free admission to facilities owned and operated by the City of Edmonton
- Participation in City of Edmonton recreation programs at a lower cost.
- 3 Registered programs per year for adults and seniors at 25% of the regular cost.
- 4 Registered programs per year for children and youth at 25% of the regular cost.
- 25% of the cost of materials for registered programs where applicable.

Do I qualify?

You automatically qualify if you have a Health Benefits card issued by the Government of Alberta. If you don't have a Health Benefits card issued by the Government of Alberta, then you need to complete an application form for a Leisure Access Card.

For more information visit [www.edmonton.ca/lap](http://www.edmonton.ca/lap)

**A Hot Water Tank For \$500**  
**Ph. 780-729-5433**

**Jake Prosser**  
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 Edmonton, AB T5H 4E7  
[www.ahotwatertank.ca](http://www.ahotwatertank.ca)  
 Email: [BigJake@ahotwatertank.ca](mailto:BigJake@ahotwatertank.ca)

**Mary MacDonald**  
 Federal Liberal Candidate  
 for Edmonton Centre

e-mail: [ElectMaryMacDonald@gmail.com](mailto:ElectMaryMacDonald@gmail.com)

## Commercial Vehicles in Residential Areas

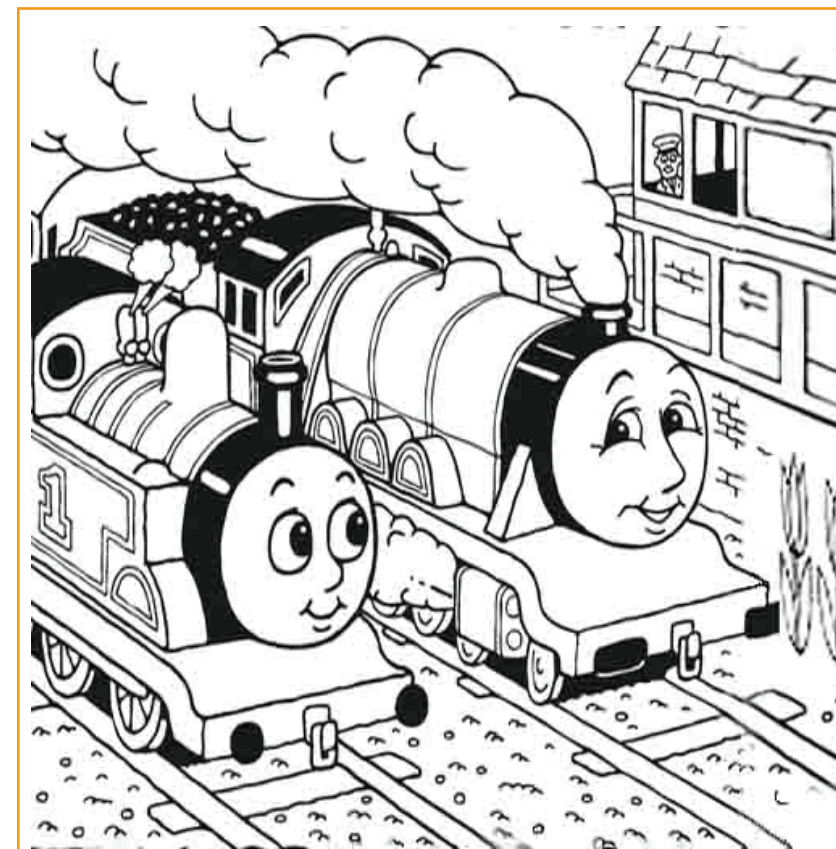
Broadened definition of commercial vehicles could restrict what vehicles you can park on your residential lot. City Council is considering a definition of commercial vehicles to be added to the zoning bylaw in order to improve enforcement of the existing bylaw, which restricts commercial vehicles on residential lots.

This may be both good news and bad news for some neighbourhoods. At present the Zoning Bylaw states that no person shall keep in any part of a Site in any Residential Zone any commercial vehicle, loaded or unloaded, of a maximum gross vehicle weight exceeding 4500 kg, or more than one commercial vehicle under 4500 kg. City Council will be considering adding the following definition of a commercial vehicle to the Bylaw: A commercial vehicle means a vehicle that:

- Is designed primarily for commercial purposes;
- Is being used for commercial purposes;
- Is licensed for commercial purposes; or
- Have dual rear wheels.

This definition would prohibit more than one vehicle such as a cube van, welding truck, bobcat, company car or dual wheeled truck from a residential lot. For example, you could not have a dual wheeled truck and a company car on your lot or any other combination of vehicles which both fall within the commercial vehicle category.

## Kids Colouring



Mail your colouring to:

PRCL Colouring Contest  
 Box 87, 11905 111 Avenue  
 Edmonton, AB T5G 0E4.  
 Winners will be published the next edition.

First Name: \_\_\_\_\_

What I like about living in Prince Rupert:

\_\_\_\_\_

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