



Prince Rupert

COMMUNITY LEAGUE

NEWSLETTER

Issue: February, 2011

PRCL Snow Clearing

Sid's Bobcat Service and Landscaping Naturally Limited, are offering to clear windrows from in front of residences in Prince Rupert for a small fee. All windrow material will be scraped down to the pavement and lifted onto the residence's front yard clearing the parking space and ensuring the sidewalk is clear as well.

This offer is available for Prince Rupert Community League Members for \$50 and non-members for \$75. Non-members can book this service and buy a membership in order to get the cheaper rate. PRCL memberships are just \$20. Cash or Cheque is accepted for both snow clearing and membership fees.



For more information and/or to arrange this service, please contact Demetrius at 780 - 993 5348 or membership princerupertcommunity.ca.

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princerupertcommunity.ca

Memberships

Prince Rupert Community League 2010/2011 memberships are ready for sale. They can be purchased at Servus Credit Union on Kingsway Avenue or you can leave a message at the hall, 780.455.3327 and someone will contact you to arrange dropping off your new membership. You can also buy one online by going to www.efcl.org and click on League Locator.

Memberships are just \$20 per household and with your membership you can enjoy this many benefits. Here are 11 great reasons to join our Community League:

- A Great Place to Meet Your Neighbours
- Social activities & events shared with your community at large
- Programs and recreation opportunities
- Community skate & swim times - check for outdoor rinks near you
- Discounts at City Recreation Centers and Tourist Attractions read more
- Safety programs and Crime watch cooperation
- Build new facilities for public use
- Input for planning your parks, green spaces, and urban development
- Discount tickets to major league sports games - Oilers, Oil Kings, Capitals
- Discounts at Telus World of Science
- Hall Rentals

Cineplex Movie Deals at Servus

Buy your Cineplex movie ticket packs for only \$24.70. You will get two tickets, two pops and one regular sized popcorn. This deal is available at your local Servus Credit Union on Kingsway Avenue. Their hours are 9:30 am to 5:00 pm, Monday to Friday.

PRCL Summer Green Shack Program

The 2011 Summer Green shack program will be held in partnership with Queen Mary Park. Over the past few summers both Green Shack programs have worked closely together on activities and outings. More details on the Summer Green Shack program will be available as the time approaches.



You are invited to enjoy
Prince Rupert Community League's

WINE TASTING EVENT



Sample a selection of 8 featured wines from around the world !

Date: Saturday, February 12th, 2011

When: 7:00 pm

Where: PRCL Hall (11245 -113 Street)

Who: PRCL members (18 years & over)

Cost: \$10 for members

Space limited so reserve your spot!

To RSVP or for details contact Marilyn at: socialdirector@princerupertcommunity.ca
Or call 780-455-5278



One of the major fund raising activities for the Prince Rupert Community League is through "running a casino". The Province of Alberta has adopted the charitable gaming model for casinos, bingo, raffles and pull tickets. These gaming activities may only occur when eligible charitable or religious groups apply for and receive licences to conduct the gaming activities.

Thousands of charitable and religious groups conduct charitable gaming activities to raise funds for worthy projects and services. Last year, this gaming revenue totalled about a quarter of a billion dollars that was reinvested back into communities throughout Alberta.

To qualify for a casino licence, a group must have delivered a charitable program in Alberta for a minimum of 24 months at the time of application. A licensed group's volunteers generally hold two-day events in a casino facility within a designated region within the province.

The PRCL is looking for volunteers to assist with our Casino fundraiser this summer. We do know the specific dates yet, but there are several volunteer positions available.

Our Prince Rupert Community League's Casino Director is Demetrius Garanis who you can contact for more information. He can be emailed at casinodirector.princerupertcommunity.ca or you can leave a message for him 780.455.3327.



All meetings are held at the PRCL Hall (11245 113 Street) and are open to all residents of the Prince Rupert Community. Members and non-members are always welcome to attend. Remember if you are a member you can vote at our meetings and anyone can open a discussion about community issues. To have appropriate issues added to the agenda, please contact the PRCL President by email presidentprincerupertcommunity.ca or leave a message at 780.455.3327. The meetings start at 7:00 pm and generally last for about 2 hours. You can attend to contribute or just to listen in. The Monthly meetings will be held on these Wednesday nights.

-February 9, 2011

-March 9, 2011

-April 13, 2011

-May 11, 2011

Facebook

The Prince Rupert Community League is now on Facebook. We are continuing to update the page with valuable community and city information. It is a great way to get information out immediately. If you are a Facebook member you can search "Prince Rupert Community League" under pages and you can become a fan. If you cannot find it, you can email communications.princerupertcommunity.ca and we will send you the link.



Find us on:
facebook®

Canada's Economic Action Plan made significant new personal income tax reductions that have provided relief, particularly for low- and middle-income Edmontonians, as well as measures to help Edmontonians purchase or improve their homes. These tax reductions allowed individuals and families to keep more of their hard-earned money and improved incentives to work, save and invest, while also contributing to the Government's long-term economic agenda.

For example:

- The amount of income that Canadians can earn before paying federal income tax was further increased, and the top of the two lowest income tax brackets was increased so that Canadians can earn more income before being subject to higher tax rates.
- The Working Income Tax Benefit, first introduced in Budget 2007, was effectively doubled. This enhancement lowered the "welfare wall" by further strengthening work incentives for low-income Canadians already in the workforce and encouraging other low-income Canadians to enter the workforce. Canadians have been able to receive enhanced benefits since filing their 2009 tax returns.
- The Age Credit amount was increased by \$1,000 in 2009 to provide relief to low- and middle-income seniors. With indexation, this means additional tax savings of up to \$153 for low-income seniors in 2011.
- To assist first home-buyers, we provided a new tax credit of up to \$750, as well as additional access to their Registered Retirement Savings Plan savings to purchase or build a home.

Our Government is committed to ensuring the rest of Canada's Economic Action Plan is successfully implemented and we will continue to provide meaningful tax relief for all Canadians.

Business Profile

Welcome to Prince Rupert La Tienda de Pasito located at 11460 112 Avenue. They specialize in providing Latin American Groceries and Products.

You can check them out online at pasito.spanishedmonton.com.



LA TIENDA DE PASITO

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Musica-Peliculas

Jose Rivera

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DOMINGO 10AM - 5PM

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FAX: (780) 488 0052

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www.pasito.spanishedmonton.com

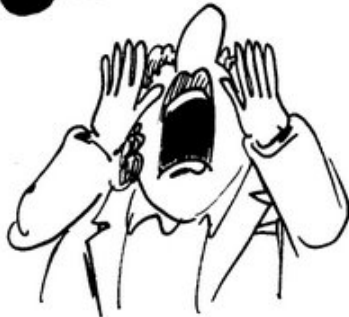
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The Prince Rupert Community League AGM will be held on April 27, 2011 at the PRCL Hall (11245 113 Street) and is open to all residents of the Prince Rupert Community. The meeting will start at 7:00 pm and will include an update of the past year and the election the PRCL Executive Board. The executive positions for election will consist of the following positions:

1. President
2. Vice President
3. Secretary
4. Treasurer
5. Membership Director
6. Winter Sport Director
7. Summer Sports Director
8. Social Director
9. Communications Director
10. Casino Director
11. Neighbourhood Watch Director
12. Directors at Large

Volunteers!



City maintained toboggan hills are located throughout the city. For more information call 311

- Argyll/Mill Creek Park - 84 Street and 70 Avenue
- Emily Murphy Park - Emily Murphy Road and Groat Road
- Gallagher Park - 97 Avenue and 92 Street
- Government House Park - Groat Road and River Road
- Jackie Parker Recreation Area - 44 Avenue and 50 Street
- Rundle Park/ACT Hill - 2903 113 Avenue
- Whitemud Park North - Keillor Road and Fox Drive



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PRCL Ice Rink is Now OPEN!

The Community Ice Rink is now open for hockey and ice-skating. If you are interested in playing shinny hockey, please chat with the rink attendant the next time you visit. The rink is owned and operated by the Prince Rupert Community League.

The Rules of the Rink

- 1) Skate at your own risk
- 2) Helmets must be worn by youth
- 3) Skate tags must be worn
- 4) No Smoking is permitted in hall or on rink
- 5) No Alcohol or drugs is permitted onsite
- 6) No swearing or fighting
- 7) No sleighs or toboggans on ice

Cost to Skate

Membership holders:

FREE!

Non-member:

\$ 4.00/Adult

\$ 2.00 Youth – up to 16 years of age

Hours of Operation

Monday – Friday 3:00 pm - 9:00 pm

Saturday 1:00 pm - 9:00 pm


Sunday 12:00 pm - 6:00 pm

Check the Prince Rupert Community League Facebook page for extended holiday hours.



LAURIE HAWN
MP for EDMONTON CENTRE
HawnL1@parl.gc.ca | 780-442-1888 | www.lauriehawn.ca

Sherbrooke Playgroup
Wednesdays
9:30 - 11:30 am
Sherbrooke Community Hall (13008 - 122 Ave)
Kids ages 0-6 and a parent/guardian (including dayhome groups)

 To contact coordinator Crystal email : artist@crystaldriedger.com
Follow us on facebook for updates, craft ideas and more.

Parents should teach their children the following:

1. To memorize their name and address, including city and province, and their phone number (including area code).
2. To never give out their name or address to a stranger. Children should not wear clothing with their name displayed.
3. To use both push-button and dial telephones to call 911 and to reach the operator. Pay phones are free when you dial 911. No money is needed.
4. To never go into your home if the door is ajar or a window is broken.
5. How to work your home's door and window locks and to lock them when they are at home alone.
6. That a stranger is someone neither you nor they know well.
7. Not to go into anyone's home without your permission.
8. To avoid walking or playing alone, and to walk or play in well lighted areas.
9. That if they feel they're being followed or if they're frightened, to run home or to the nearest public place, or a trusted neighbour.
10. To tell you if anyone asks them to keep a secret, offers them gifts or money, or asks to take their picture.
11. That they have a right not to let anyone touch them in a way they don't like. They should say "No" and tell an adult they trust.
12. Teach children to go to a store clerk, security guard or police officer for help if lost in a mall or store or on the street.
13. Never to get in a vehicle with a person they don't know. Another option you might want to consider is having a family "code word." If someone other than a family member is going to pick up your child, that person should repeat the code word before the child agrees to go with him or her.
14. To always tell you where they are going and who they are going with.



Foot Patrol Update: Several PRCL members indicated interest in the foot patrol for our neighbourhood after our Special Meeting in October. We're currently looking for an interested individual to be PRCL's main contact to help assist with communication and coordination of training. Those that have indicated their interest have an opportunity to be involved earlier by going through the application and training process with Oliver Foot Patrol. The group realizes that we're a small community, so we currently are only planning on walking an hour once a week and hopefully on a "hot night". The idea is to get on our streets and be eyes and ears for our community. We welcome anyone interested in getting involved to contact footpatrol@princerupertcommunity.ca or call 780-455-3327.

Edmonton Snow Angels

Some Edmontonians, particularly seniors and persons with disabilities, moving snow can be difficult and even dangerous. They need your help.

Become an Angel: To be a Snow Angel, adopt the sidewalk of a senior or a person with disabilities this winter and keep it clear of snow and ice. You can also pick up some free sand to add traction to your neighbour's sidewalk from the boxes at any PRCL Hall community league. (It's the green box and Remember to bring a container.)

Why Be a Snow Angel? Snow Angels help keep our city safe and accessible. Snow that remains on sidewalks is hazardous for everyone, but especially for people with limited mobility. Uncleared walkways also make it difficult to deliver services - mail carriers, meter readers, delivery drivers, firefighters, and paramedics.

It's the law! According to Edmonton's Community Standards Bylaw #14600, property owners are responsible for removing ice and snow from city sidewalks adjacent to their property within 48 hours of a snowfall.

Do You Have a Snow Angel? Has someone been an angel and helped you shovel? Say thanks by nominating them as a Snow Angel with the City of Edmonton.. To nominate your Snow Angel, complete the nomination form online or call the City of Edmonton at 311.

Need a Snow Angel? The City cannot match Snow Angels with seniors or persons with disabilities. To find a Snow Angel or a person who needs help with their snow shoveling, please check with your local community league, senior's centre, school, and religious or spiritual centre.



With the cold weather well upon us some of us will take this time to flee to warmer climates on vacation. When leaving your home for extended periods of time your home may become a target for thieves if they become aware that you are not at home and all of your valuables are lying around unattended. The following are some of the steps you can take to target harden your property.

Ensure your home is secure:

- Ensure all of your doors are locked, including locks coming into the home from an attached garage
- Secure large garage doors to ensure they cannot be forced open or remotely accessed
- Secure all of your windows on all levels of your home, for added security place a rod or piece of doweling in the tracks of the windows to ensure they cannot be opened easily.
- Lock gates to the back yard
- Do not leave keys hidden around your home, if you need to leave a key with someone leave it with a trusted neighbor
- Make sure your security systems is armed and contact the company with updated instructions on what to do if your alarm goes off while you are away
- Tell a trusted neighbor, or your areas' Neighborhood Watch membership

Do not let people window shop:

- If it is possible remove some of your valuables from your home, if not make sure things such as televisions and other electronics are not visible from outside of the home.
- Remove clutter from the back yard, sheds, patios etc.
- Make sure all tools are put away and not visible
- Close window coverings

Make your home appear lived in:

- Have a neighbor or friend shovel your sidewalks
- Set interior lights on timers
- Have exterior lights that are activated by motion sensors
- Cancel deliveries or have a neighbor collect them for you
- Have a neighbor park their vehicle in your driveway
- Forward calls to your cell phone or have your voicemail take the call after a few rings, a continuously ringing phone will tip people off that you are not home
- Arrange to have a house sitter for some of the days that you are away

If you are lucky enough to escape the cold weather enjoy your vacation. If you are like the rest of us who are stuck here toughing out the cold make sure you keep an eye out for your neighbors as you are the best form of defense. Make note of suspicious people or vehicles in the area, if something does not seem right speak to your neighbors about it and contact the Police to make sure they are aware of what is going on. Have a great winter and stay warm.



Within the city of Edmonton there are several cross-country ski trails that have varying degrees of difficulty. This list will help you find the perfect park if you are interested in starting to Cross country ski for fitness and enjoyment or have been an avid skier for years.

Gold Bar Park / Capilano Park
109 Avenue and 50 Street

Goldstick Park
42 Street and 101 Avenue

Kinsmen Park
9100 Walterdale Hill

Whitemud Park
Keillor Road Access

Riverside Golf Course
Rowland Road and 84 Street

Terwillegar Park
Rabbit Hill Road - west end

Victoria Park
12130 River Valley Road

William Hawrelak Park
9330 Groat Road

Argyll Park at Millcreek
69 Avenue and 88 Street

Snow Valley
One block south of Whitemud Dr. on 119 Street

Woodcroft/Coronation
East of 142 Street between 111 Avenue and 118 Avenue

For more information call 311

The Silver Skate Festival is Edmonton's largest and longest running winter festival, set in picturesque Hawrelak Park, featuring the thrill of skate races, stunning snow sculpture, dazzling performances, stunning snow and fire sculpture, and try-it-yourself activities.

When: Friday to Monday, February 18-21, 2011

Where: Hawrelak Park

For more information go to www.silverskate.org or call 780.760.2229

FAMILY DAY in the City of Edmonton

Bring the whole family down to Churchill Square for fun shows, horse-drawn wagon rides, free hot chocolate, play activities, and music!

When: February 21, 2011 12-4pm

Where: Churchill Square

For more information go to www.winterlight.ca or call 780.760.2229

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Living Local is a way of thinking. It's about approaching our community and trying to contribute in a positive & meaningful way. Not just by volunteering or contributing via our paid work, but by making positive changes in the way we live our lives, spend our money, and run our homes, businesses, and organizations.

Sometimes living locally means making a small change to our routine or trying something new— sometimes larger changes are needed or warranted.

It is more than enjoying our neighborhoods or knowing our neighbors, living local requires us to understand the important roles that are played in our communities by our local and independent businesses, our local farmers and food producers, and our local non-profits and organizations.

Living Local is not about condemning “global” companies or non-local living. It is about recognizing that we need to work towards finding ways to attract opportunity by building vibrant and equitable communities.

Just by Living Local, we can increase our economic impact in our neighborhoods, reduce our environmental footprint, and build upon the social capital of our community.

How to Eat Local

Edmonton is endowed with a multitude of farmers, food companies, independent grocery stores, and restaurants. When you support our local food system by buying their products, you are helping create a more sustainable food system for our community. You are also increasing the level of food security in our region, encouraging diversity and choice, and helping to improve the economics of food production. All of these effects are important to retaining our ability to feed ourselves.

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ABORIGINAL GRAPHIC DESIGN
MICROSOFT SOFTWARE DEVELOPMENT



U of A Respiratory Study

Does your child or teen have a lung condition such as asthma, cystic fibrosis or TB? Do you work with families who have children with chronic lung conditions? The University of Alberta is conducting a study focusing on the gaps in support programs and services for low-income children and their families.

For the study, we are recruiting children between grades 5 and 10, as well as their parents. Service providers working directly with these children are also needed for the study. We will use information shared by children, parents and service providers to work toward improving current health programs and policies.

All participants (children, parents, and service workers) will receive a \$20 gift card for their participation.

For more information, please contact Anita Saini at asainiualberta.ca, 780-492-8945 or 780-492-8027.


The record amount of snowfall Edmonton has received this January has been difficult for all of us. The 30 centimetres of snow we received from January 7th to the 9th was the most we've had in a single snow event since January 1989. We've come within six centimetres of breaking the all-time record for most snow in one-month set in January 1971. We have had to deal with minus 30 degree Celsius temperatures changing quickly into plus 5 degree Celsius weather, turning our snow packs into slush before refreezing into ice.

Simply put, we did not have enough resources invested into the program to deal with the enormous challenges this January. There was not enough money, not enough equipment and not enough communication.

However, apologizing for the lack of adequate snow maintenance does not cut it. I have been particularly frustrated with the process because I had pushed for more money to go into the snow maintenance budget the past two budget processes so that we could get regular residential plowing. I wanted to increase our retainer of plows and graders as well as increase the emergency fund in the event that we would have to hire contractors for major snowfalls.

We need to stop planning for snow maintenance for one year based on what happened the year before. The amount of snow we receive and our weather conditions change from year to year. It's not something we should be predicting. We should be planning for the worst-case scenario so that we are prepared for everything. Edmonton is a winter city, and we need to appreciate to the fullest extent what that means.

The past few weeks, the City has been using every piece of equipment we have as well as contracting out in order to get control of our roads. If you have questions or comments, please feel free to contact my office by e-mail at kim.krushell@edmonton.ca or by phone at (780) 496-8136.



Edmonton Federation of
Community Leagues
www.efcl.org




60th Annual Talent Show!

Sing, Dance, Play! Everyone wins, with grand prize cash awards and trophies!

Order a DVD of your performance and frame the picture included with your registration fee.



Don't miss this opportunity to experience the thrill of competition.





Novices and Experienced Performers both welcome to compete in their own class.

Come out and witness Edmonton's Great Young Talent

Stanley A Milner Library Theatre, Sir Winston Churchill Square

April 16, 2011 from 9:00 am

Open to youth aged 5 to 17 with valid community league membership. Complete rules online at:
[www.efcl.org / activities / 60th annual talent show](http://www.efcl.org/activities/60th%20annual%20talent%20show)



Doug Elniski, MLA
Edmonton-Calder

Edmonton-Calder Constituency Office
316 Circle Square
11808 St. Albert Trail
Edmonton, AB T5L 4G4

Phone: 780-451-2345
Fax: 780-451-2344
E-mail: edmonton.calder@assembly.ab.ca

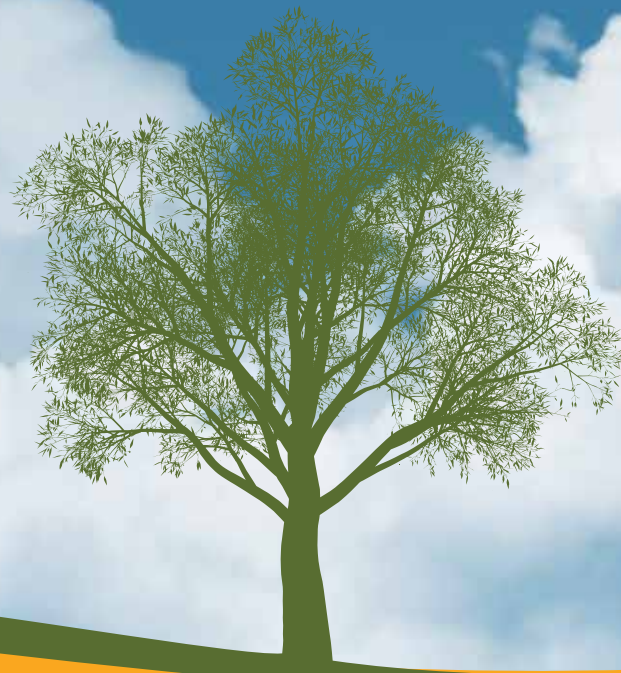
The Fine Art of the Arts

The whole of a community is the sum of its parts; and in our community, the Arts are a major part. They allow for a sense of spirit, and embrace who we are as individuals, as communities, and as a province. We are committed to the ongoing development of our artists, and as such I am proud to say that in conjunction with the Alberta Federation for the Arts, organizations in Edmonton-Calder are set to receive almost \$40,000 in grant funds.

These grants will ensure that our artists and cultural industries continue to thrive, and allow the people of Edmonton-Calder the opportunity to participate in the rich cultural diversity of our area. For arts and culture... "It's ALL in Calder".

Call our office for assistance with these issues or services:

- Programs for Seniors
- Income Support
- Social Services & Children's Services
- Health Care
- Grant Programs
- Birthday & Anniversary Scrolls
- Marriage Commissioner
- Notary / Commissioner for Oaths



Prince Rupert

COMMUNITY LEAGUE
NEWSLETTER

PRCL Hall
780.455.3327
11245 - 113 Street
Edmonton

Mailing Address:
Box 87, 11905 - 111 Avenue
Edmonton, AB T5G 0E4

Important Numbers

City of Edmonton Information Services 311

Citizen Action Centre
780.496.8200

Community Recreation Coordinators
780.496.1901

Edmonton Transit
780.496.1611

Edmonton Police Service (non-emergency)
780.423.4567

Graffiti Management Program
780.442.5302

To submit articles for this newsletter, please contact
Curtis at: communications@princerupertcommunity.ca
or call 780.455.3327

Check Us Out Online:

PrinceRupertCommunity.ca